

Ag in the Classroom Post Office Box 27766 | Raleigh, NC 27611 | (919) 782-1705 ncagintheclassroom.com

North Carolina Fruits and Vegetables Hanging Art

Grade Level: Pre-Kindergarten

Purpose: Students will create art pieces to explore the fruits and vegetables grown in North Carolina and how they provide healthy options for breakfast, lunch and dinner.

Estimated Time: 30-45 minutes

Materials Needed:

- Paper plates, one per student
- Scissors, one per student
- Glue
- Markers or crayons
- NC Fruits and Vegetables Cards, one set per student

Procedures:

- 1. Start a discussion with the class about what healthy fruits and vegetables North Carolina farmers grow. *Answers may include: strawberries, blueberries, corn, sweetpotatoes, lettuce, cucumbers, tomatoes, etc. Fill in the gaps by including any fruit or vegetable from the NC Fruits and Vegetables cards that were not mentioned.*
- Give each student a paper plate. Have them color the inside of their paper plate (see picture). On the back side of their plate, they should draw a spiral and cut the paper plates along that line, making sure not to break the spiral. Remind students the rules of safety when using scissors. Note: Teachers, you may also choose to cut the paper plates and picture cards (next step).
- 3. Next, give each student a set of the *NC Fruits and Vegetables Cards*. Ask the students to organize the pictures by color. They may choose to cut out the pictures from the cards to fit on their plates. The students will glue their fruits/vegetables onto their paper plates. They may choose to glue the pictures according to matching colors, or in a pattern they choose. Once the glue has dried, the art is ready to hang!

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North Carolina Foundations for Early Learning and Development

Pre-K Standards: Approaches to Play and Learning (APL), Health and Physical Development (HPD), Language Development and Communication (LDC), Cognitive Development (CD)

- Goal APL-7: Children demonstrate initiative.
- Goal APL-8: Children maintain attentiveness and focus.
- Goal APL-9: Children persist at challenging activities.
- Goal HPD-5: Children develop small muscle control and hand-eye coordination to manipulate objects and work with tools.
- Goal HPD-8: Children develop awareness of basic safety rules and begin to follow them.
- Goal LDC-2: Children participate in conversations with peers and adults in one-on-one, small, and larger group interactions.
- Goal CD-4: Children demonstrate appreciation for different forms of artistic expression.
- Goal CD-5: Children demonstrate self-expression and creativity in a variety of forms and contexts, including play, visual arts, music, drama, and dance
- Goal CD-11: Children compare, sort, group, organize, and measure objects and create patterns in their everyday environment.

Sources:

1. <u>https://growing-minds.org/farm-preschool-toolkit/</u>





